



**El Mirage Senior Center Menu – December 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>Dijon Chicken, Roasted Potatoes, Spinach and Mushrooms, Dessert</b>	<b>3</b> <b>Soup of the Day, Gingered Beef, Asian Noodles, Oriental Vegetables, Dessert</b>	<b>4</b> <b>Roast Pork, Rice Pilaf, Baked Tomato with Peas, Dessert</b>	<b>5</b> <b>Cheese Lasagna, Spinach, Mixed Peppers, Dessert</b> 	<b>6</b> <b>Fish Filet with Sauce, Sweet Potatoes, Zucchini Squash, Dessert</b>
<b>9</b> <b>Italian Meatballs, Pasta, Brussels Sprouts, Dessert</b>	<b>10</b> <b>Soup of the Day, Sliced Ham with Peach Ginger Sauce, Sweet Potatoes, Green Beans, Dessert</b>	<b>11</b> <b>Roast Turkey, Mashed Potatoes, Green Salad, Dessert</b>	<b>12</b> <b>Cabbage Roll, Noodles, Seasoned Spinach, Dessert</b>	<b>13</b> <b>Salmon in Wine, Rice Pilaf, Lima Beans, Dessert</b>
<b>16</b> <b>Smoked Sausage with Creole Sauce, Mashed Potatoes, Black-eyed Peas and Dessert</b>	<b>17</b> <b>Soup of the Day, Roast Chicken, Roasted Yams, Spinach and Mushrooms, Dessert</b> 	<b>18</b> <b>Roast Beef, Waxed Beans, Beets, Rice Pilaf, Dessert</b>	<b>19</b> <b>Cheese Lasagna, Italian Vegetables, Dessert</b>	<b>20</b> <b>Baked Ham, Mashed Potatoes, Peas and Mushrooms, Dessert</b>
<b>23</b> <b>Roast Turkey, Mashed Potatoes, Green Beans, Dessert</b>	<b>24</b> <p align="center"><b>Senior Center Closed</b></p>	<b>25</b> <p align="center"><b>Senior Center Closed</b></p>	<b>26</b> <p align="center"><b>Senior Center Closed</b></p>	<b>27</b> <p align="center"><b>Senior Center Closed</b></p>
<b>30</b> <p align="center"><b>Senior Center Closed</b></p>	<b>31</b> <p align="center"><b>Senior Center Closed</b></p>	<b>El Mirage Senior Center</b> <b>14010 N. El Mirage Rd.</b> <b>El Mirage, AZ 85335</b> <b>623-876-4232</b>	<p align="center"><b>Reserve lunch 24 hours ahead</b></p> <p align="center"><b>Lunch is served at 11:00am</b></p>	<p align="center"><b>MENU</b></p>